

## signature starters

combine a few of our signature starters to create a nice lunch

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| <b>hot &amp; sour soup</b> ..... sm 3.25.... lg 5.95<br>classic sichuan style with chicken, tofu,<br>wood ear mushrooms, bamboo and scallions  | <b>classic chicken and shrimp egg rolls</b> ..... 4.95<br>chinese hot mustard and sweet & sour dipping sauces  |
| <b>chicken dumpling soup</b> ..... sm 3.95.... lg 6.95<br>housemade chicken broth, shanghai bok choy,<br>lo mein noodles and shiitakes   | <b>spicy sichuan chicken egg rolls</b> ..... 4.95<br>chinese hot mustard and sweet & sour dipping sauces   |
| <b>golden crisp vegetable spring rolls</b> ..... 5.95<br>shredded chinese vegetables, sweet & sour<br>and chinese hot mustard dipping sauces   | <b>crispy garlic tofu</b> - a house specialty! ..... 4.95<br>sesame crusted, signature garlic sauce, chives  |
| <b>cool peanut noodles</b> ..... 5.95<br>shanghai wheat noodles, spicy peanut sauce,<br>sliced cucumbers, sesame seeds and cilantro  | <b>chicken soong lettuce wraps</b> ..... 6.95<br>chopped chicken, shiitakes, fresh-peeled water chestnuts, scallions,<br>crispy rice noodles, pineapple-hoisin dipping sauce |
| <b>potstickers</b> ..... 6.95<br>all-natural chicken, vegetable or a combination of both, with<br>soy-ginger dipping sauce (available steamed upon request)  | <b>hand-crafted ginger shrimp dumplings</b> ..... 6.95<br>spicy honey soy, sichuan chili oil, fresh ginger, chives   |
| <b>shredded pork &amp; sesame buns</b> ..... 6.95<br>our natural pork is slowly braised with star anise, rock sugar,<br>cassia bark and orange peel, then shredded and served with<br>housemade sesame buns, spicy pickles and pineapple-hoisin<br>dipping sauce | <b>crab rangoon chopstix</b> ..... 7.95<br>jumbo lump crab meat, cream cheese,<br>fresh-peeled water chestnuts, chives, sweet chili dipping sauce                            |
|  | <b>crispy spiced calamari</b> ..... 7.95<br>fresh squid, marinated in ginger and spices,<br>lightly wok fried and served with a<br>cilantro-yogurt sauce                     |

## noodles & fried rice

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| <b>chow fun noodles</b> ..... 9.95<br>locally made wide rice noodles tossed with shanghai bok choy,<br>shiitake, scallions, ginger and bean sprouts | <b>ben pao fried rice</b> ..... 8.95<br>traditional fried rice with your choice of chicken,<br>shrimp or beef, or a combination of all three |
| <b>with chicken</b> ..... 10.95   | <b>spicy dragon noodles</b> ..... 10.95<br>shanghai wheat noodles with local mushrooms and spinach<br>in a spicy cherry-chili sauce          |
| <b>with braised pork</b> ..... 12.95  | <b>with local phoenix brand tofu</b> ..... 11.95   |
| <b>with prime beef</b> ..... 13.95  | <b>with chicken</b> ..... 11.95  |
| <b>vegetable fried brown rice</b> ..... 7.95<br>natural brown rice with asparagus, carrots,<br>spinach, mushrooms and bean sprouts                  | <b>with prime beef</b> ..... 13.95   |

## chicken & beef

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| <b>traditional kung pao chicken</b> ..... 12.95<br>all-natural chicken breast, sweet peppers, shiitake,<br>blackened chiles, scallions, roasted peanuts | <b>seven flavor beef</b> ..... 14.95<br>lemon grass, roasted peanuts, basil, dried chiles, hoisin sauce,<br>fresh chiles                          |
| <b>seven flavor chicken</b> ..... 12.95<br>lemon grass, roasted peanuts, basil, dried chiles,<br>hoisin sauce, fresh chiles                             | <b>mongolian beef</b> ..... 14.95<br>prime flank steak, onions, bamboo, scallions, shiitake,<br>oyster & shaoxing wine sauce, crispy rice noodles |
| <b>thai basil chicken</b> ..... 12.95<br>all-natural chicken breast, red onions, chiles, cilantro,<br>roasted peanuts, sweet peppers, water chestnuts   | <b>kung pao beef</b> ..... 14.95<br>prime flank steak, blackened chiles, sweet peppers, scallions,<br>shiitake, and roasted peanuts               |
| <b>sesame chicken</b> ..... 12.95<br>sesame-crusted chicken, scallions,<br>caramelized soy glaze and cilantro   |   |

## seafood & vegetables

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| <b>cherry bomb shrimp</b> ..... 15.95<br>homemade cherry-chili sauce, chinese broccoli,<br>napa cabbage, scallions         | <b>eight treasure tofu</b> ..... 7.95<br>local phoenix brand firm tofu, finger bamboo, fresh chiles,<br>shiitakes, snow peas, red onions, shanghai bok choy and<br>fresh-peeled water chestnuts wok tossed in a vegetarian oyster sauce |
| <b>sesame-crusted salmon</b> ..... 16.95<br>all-natural scottish salmon filet with<br>teriyaki glaze and shanghai bok choy | <b>classic wrinkled string beans</b> ..... 7.95<br>sichuan preserved vegetables, garlic and scallions in a<br>caramelized soy glaze   |
| <b>hong kong spicy eggplant</b> ..... 7.95<br>chinese eggplant is wok tossed with soy,<br>chili sauce and scallions        | <b>spicy sichuan style beans</b> ..... 7.95<br>bamboo, ginger, carrots, fresh chiles, and spicy sichuan sauce   |
| <b>black pepper sea scallops</b> ..... 18.95<br>wok-seared east coast sea scallops, chinese broccoli                       |   |

**BEN PAO**

# Chinese Restaurant

## beers

miller lite.....	5.00
wisconsin	
heineken.....	6.00
netherlands	
amstel light.....	6.00
amsterdam	
tsingtao.....	6.00
china	
st pauli girl non alcoholic.....	6.00
germany	
new grist wheat free.....	6.00
wisconsin	
metropolitan brewery flywheel lager ..	6.00
illinois	
bell's seasonal.....	6.00
michigan	
dogfish head 90 minute ipa.....	7.00
delaware	
two brothers.....	7.00
illinois	
tsingtao 22 oz.....	9.00
china	
sapporo 22 oz.....	9.00
japan	

## non-alcoholic beverages

blackberry jasmine iced tea.....	2.75
mango iced tea.....	2.75
passion fruit-lime squeeze.....	3.75
house made ginger ale.....	3.75
pomegranate-lemon-lime squeeze.....	3.75

## sparkling wine

prosecco - zardetto prosecco conegliano, veneto, italy, nv..... 9.00

## white wine

### light and refreshing

sauvignon blanc - leyda, san antonio, chile, 09..... 8.00

albariño - martin codax, spain, 09..... 9.00

### clean and crisp

riesling - hirschbach & söhne, germany, 09..... 7.50

chenin blanc-viognier - pine ridge, california, 09..... 9.00

pinot grigio - zenato, veneto, italy, 09..... 10.00

### rich and vibrant

chardonnay - hess select, monterey, 09..... 8.50

chardonnay - william hill, california, 09..... 9.50

## red wine

### light and juicy

pinot noir - dom brunet, vin de pays, france, 08..... 9.00

pinot noir - abc, santa barbara, california, 08..... 10.50

### robust and spicy

shiraz - mcwilliams, australia, 09..... 8.00

zinfandel - peachy canyon, paso robles, california, 07..... 8.50

malbec - nieto senetiner reserva, mendoza, argentina, 09..... 9.00

### big and bold

cabernet sauvignon - rock & vine, napa/lake county, california, 08.. 9.00

merlot - raymond estate r collection, california, 07..... 10.00

cabernet sauvignon - louis m. martini, sonoma county, 07..... 10.00

cabernet sauvignon - mount veeder, napa valley, 06..... 13.00



## group share menu

A traditional family-style experience where everyone can sample and share a variety of dishes. Includes steamed jasmine or brown rice. Minimum party size of four.

### starters - choose three

golden crisp vegetable spring rolls • crab rangoon • ben pao egg rolls  
chicken lettuce wraps • crispy garlic tofu • chicken potstickers  
vegetable potstickers

### main dishes - choose three

sesame chicken • kung pao chicken • thai basil chicken • mongolian beef  
kung pao beef • cherry bomb shrimp • salt & pepper shrimp  
shanghai shrimp • sesame crusted salmon (add \$4 per person)  
black pepper sea scallops (add \$4 per person)

### sides - choose one

spicy sichuan style beans • classic wrinkled string beans  
vegetable fried brown rice • combination fried rice  
eight treasure tofu

18.95 per person



## lunch specials

Start with hot and sour soup then choose one of these Chinese favorites.  
Served with a spring roll and your choice of white or brown rice.

### eight treasure tofu

local phoenix brand firm tofu, bamboo, fresh chiles, shiitakes, snow peas, red onions, shanghai bok choy and fresh-peeled water chestnuts, wok tossed in a vegetarian oyster sauce

8.95

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### traditional kung pao chicken

all-natural chicken breast, sweet peppers, blackened chiles, scallions, roasted peanuts

9.50

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### sesame chicken

sesame-crusted chicken, scallions, caramelized soy glaze and cilantro

9.95

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### mongolian beef

prime flank steak, onions, bamboo, scallions, shiitake, oyster & shaoxing wine sauce, crispy rice noodles

9.95

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### cherry bomb shrimp

house made cherry-chili sauce, chinese broccoli, napa cabbage, scallions

9.95

## ENHANCE YOUR MEAL

- ..... substitute **fried rice** for \$ .99
- ..... substitute **dumpling soup** for \$1.50
- ..... substitute **egg roll** for \$1.50

